



# VETERANS AFFAIRS

## Learn About the Community Care Network

Azure Acres Recovery Center is proud to support military veterans who are seeking addiction and co-occurring mental health treatment through the U.S. Department of Veterans Affairs (VA) Community Care Network.

One of the key goals of the Community Care Network (CCN) is to help veterans access high-quality care as quickly and seamlessly as possible. By connecting the VA with reputable treatment providers around the country, the CCN helps veterans access care that can best meet their needs, whether that is at a VA medical facility or another qualified treatment center.

The CCN is comprised of six regional networks covering all U.S. states and territories. These networks are developed and administered by third-party administrators TriWest Healthcare Alliance and Optum Public Sector Solutions Inc. on behalf of the VA. TriWest Healthcare Alliance administers VA Community Care Network Regions 4 and 5, which include 12 states in the western continental U.S. along with Hawaii and Alaska.

## Discover How We Help

At Azure Acres, we understand that finding appropriate behavioral health treatment can be overwhelming, even with the support and care coordination the CCN provides.

Our knowledgeable team members are available to provide guidance and assistance for those who are seeking treatment through the CCN for addictions and co-occurring mental health concerns. We will strive to answer any questions you might have about CCN policies and procedures so that you can fully utilize your benefits and access the care you may need.

Azure Acres offers individualized treatment for adults age 18 and older who have substance use disorders and co-occurring mental health concerns. Our continuum of care includes residential treatment, detox, and structured outpatient programs. If you have any questions about receiving care through the VA Community Care Network, please contact our experienced and caring team today.



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(800) 222-7292 | [www.azureacres.com](http://www.azureacres.com)  
2264 Green Hill Road, Sebastopol, CA 95472



## Treatment Modalities

Treatment at Azure Acres Recovery Center includes a combination of time-tested methods and modern approaches to help people achieve lasting success in recovery. Depending on your unique needs and goals, your treatment plan at Azure Acres might include wellness activities, behavioral therapies, and various specialty curriculums. Our programming embraces the 12-Step model and highlights the importance of social support and fellowship in the recovery process.

Treatment modalities we use at Azure Acres include:

- Cognitive behavioral therapy (CBT)
- Dialectical behavior therapy (DBT)
- Solution-focused therapy
- Seeking Safety model
- Brainspotting
- Motivational interviewing
- Living in Balance programming
- Yoga, tai chi, & meditation
- Individual, family, & group therapies
- Eye movement desensitization & reprocessing (EMDR)

Additionally, we offer the following services at Azure Acres: medication management, relapse prevention support, addiction education, nutrition guidance, medication-assisted treatment (MAT), and alumni and family programs. The exact therapies and services each client receives depends on their level of care, their needs, and their ongoing progress.

## Our Treatment Center

At Azure Acres Recovery Center, we believe that addictions are chronic, relapsing conditions that require holistic, focused care and the client's active participation in the recovery process. We are committed to providing comprehensive support that addresses the needs of the whole person, including mind, body, and spirit.

At our treatment center, caring staff members help guide each person on an individual journey toward greater wellness. We proudly offer clinically excellent programming that responds to the needs of individuals, families, and the communities we serve. We're pleased to provide a full continuum of care at our main location in Sebastopol, California, along with an intensive outpatient program in Sacramento.

Our staff is honored to help veterans access the support needed to find lasting recovery. When you contact our team, we'll strive to meet you where you are on your recovery journey and help you take steps toward a healthier future.

**Contact Us Today!**

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